

Conway Fire Department

Pre-Employment Physical Agility Paperwork

Saturday, October 11, 2025

7:00 a.m.

(Gate will lock at 7:00am)

CFD Training Site

(1525 Sturgis)



APPLICANT INFORMATION SHEET

BE SURE AND PRINT

NAME	Last	First	Middle Initial
ADDRESS	Street		
	City	State	Zip
TELEPHONE	Home		Cell
DATE OF BIRTH	Month	Day	Year
SOCIAL SECURITY NUMBER			
DRIVERS LICENSE	Number	State	

Applicant Signature: _____ **Date:** _____



Conway Fire Department Applicant Status Change Form



I understand that as an applicant for the position of Firefighter with the Conway Fire Department, I am required to **IMMEDIATELY** notify the department should changes occur in any of the following information after the filing of my original application:

- * Any change in residence or mailing address
- * Any change in telephone number

I understand that the reporting of this information is necessary for the Conway Fire Department so that I can be contacted should employment be offered.

I agree to the above requirements and understand that I may be disqualified from consideration for failure to keep the department informed of this information.

I understand that should I decide that I am no longer interested in pursuing this position, that I will notify the Chief of the Conway Fire Department, in writing, of such decision.

I, _____, acknowledge that I have read the above instructions and understand it is my responsibility to keep the fire department informed of the above information.



**Conway Fire Department
Statement of Physical or
Medical Condition**



Name _____ Date of Birth _____

Social Security # _____

Do you have any physical or medical condition, which could be aggravated by extensive or vigorous exercise?

Yes _____ No _____

If you answered "yes ", please explain: _____

WARNING: The City of Conway Fire Department recommends that you do not participate in the physical agility testing if you have any medical or physical condition, which could be aggravated by extensive or vigorous physical exercise. The department will not however, stop any applicant from testing because of this condition.

Signature of Applicant _____ Date _____

Conway Fire Department

Pre-Employment Physical Agility Test Form

October 11, 2025

Name:	Height:	Weight:
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Event	Result	Comments
Hose Roll	Pass or Fail	
Hose Advance	Pass or Fail	
Ladder Carry and Set-up	Pass or Fail	
Attic Crawl	Pass or Fail	
Ventilation	Pass or Fail	
High Rise Pack Carry	Pass or Fail	
Citizen's Assist	Pass or Fail	

Timekeeper: _____ **Total Time:** _____

Event	Result	Comments
Aerial Ladder Climb	Pass or Fail	

Timekeeper: _____ **Total Time:** _____



Conway Fire Department Physical Agility Examination Procedures



1. ELIGIBILITY TO PARTICIPATE

The Conway Fire Department's Firefighter Physical Agility Test is administered as a part of the City of Conway's procedures for establishing an eligibility list for employment as a firefighter with the Department. Only those applicants who successfully pass the written exam will be allowed to participate in the Firefighter Physical Agility Test.

2. TEST AND SCORING PROCEDURES

The test as administered by the department, requires the applicant to perform a series of eight (8) firefighter related tasks. Seven (7) of these tasks must be completed in continuous sequence within a total established time of 6 minutes and 30 seconds. The seven events consist of the following:

- 1) Hose Roll
- 2) Hose Advance
- 3) Ladder Carry and Set-up
- 4) Attic Crawl
- 5) Ventilation
- 6) High Rise Pack Carry
- 7) Citizen's Assist

In the first event, the applicant will be required to climb the department's aerial ladder. This event is "PASS" or "FAIL" with a 5 minute time limit.

Scoring for the test is based on a "PASS" or "FAIL" rating for each event. Prior to beginning the test, a department representative will walk through the test. A "demonstrator" will then suit up and perform the test so you can observe first-hand how it is to be performed. The acceptable standards for receiving a "PASS" score will be explained. Once you begin the test and you fail to perform a task to the standard, you will be stopped and an explanation will be given for your error. At this point you have two options:

- 1) You may restart that particular event and continue on, or
- 2) You may quit

If you decide to quit, you will receive a "FAIL" score for the test.

Individual's that reach a time of more than 6 minutes and 30 seconds, will be stopped immediately and will receive a "FAIL" score.

3. TESTING ATTIRE

All persons desiring to participate in the test must wear jeans, sweat bottoms, or some other type of long pants that will provide leg protection for the individual. **Applicants who do not wear some type of long pants for leg protection will not be allowed to participate.** Closed toe shoes or boots of some type must be worn in order to participate.

Before beginning the test the applicant will be outfitted with a self-contained breathing apparatus, which weighs approximately 30 lb. A helmet, gloves and firefighting protective coat will also be provided for the applicant's protection.

Directions to Training Site from the Little Rock Area

1. Take the AR-60/US-65-BR/AR-286 exit, EXIT 129, toward Dave Ward Drive
2. Take the US-65-BR/Dave Ward Drive West exit, EXIT 129B toward AR-60
3. Turn SLIGHT RIGHT onto US-65 BR/AR-286/Dave Ward Drive/Industrial Blvd.
4. Take the AR-365 ramp
5. Turn LEFT onto S Harkrider St./AR-365. Continue to follow AR-365 S
6. Turn RIGHT onto STURGIS RD.
7. End at 1525 Sturgis Road Conway, AR 72034

Directions to Training Site from the Russellville Area

1. Take the AR-286 exit, EXIT 129, toward US-65-BR/AR-60/Dave Ward Drive
2. Turn RIGHT onto US-65 BR/AR-286/Dave Ward Drive/Industrial Blvd.
3. Take the AR-365 ramp
4. Turn LEFT onto Harkrider St./AR-365. Continue to follow AR-365 South
5. Turn RIGHT onto STURGIS RD.
6. End at 1525 Sturgis Road Conway, AR 72034

You are responsible for being there rain or shine before the gates are closed with the appropriate paperwork; no exceptions.

CONWAY FIRE DEPARTMENT ENTRY LEVEL FIREFIGHTER EXAM

Important Info:

- Educational/Vocational Qualification points will be awarded for the following:

Three (3) points shall be awarded for Firefighter I and II certifications through or approved by Arkansas Fire Academy

Five (5) points shall be awarded for Arkansas Paramedic License or Nationally Registered Paramedic

Two (2) points shall be awarded for Arkansas EMT License

Candidates must provide copies of Firefighter I, Firefighter II and Paramedic / EMT license on Saturday, October 11th at the physical agility test in order to receive the Educational/Vocational Qualification points.

- 35 years of age is the maximum age limit for appointment does not apply to any person who has at least two (2) years of previous experience as a paid firefighter with another fire department and whose years of experience as a paid firefighter when subtracted from the person's age leaves a remainder of not more than thirty-two (32) years.

If you have already arrived at the age of 35 years, you must bring your documentation on Saturday, October 11th validating your previous experience as a paid firefighter with another department.

- Required paperwork:
 - Applicant Information Sheet (Page 1) – must be filled out and signed
 - Applicant Status Change Form (Page 2) – please read and sign at the bottom
 - Statement of Physical or Medical Condition (Page 3) – must be filled out and signed
 - Conway Fire Department Physical Agility Test Form (Page 4) – top portion (Name, Height, Weight) must be filled out

Individuals that do not have the above completed paperwork (Pages 1-4) with them on Saturday, October 11th will NOT be allowed to test.